

Roast chicken



4 portions

Ingredients

1 whole chicken min 1 kg



Method

1. Season the chicken well with salt and pepper, tie the lower legs together
2. Sit the chicken upright on the A frame tray.



Cook using the following cooking steps:

- Preheat - 250°C - 1 min
- Note - insert product (giving an alarm)
- CombiSmart - 190°C – Core temp 60°C – 100% Fan speed - 80% humidity
- CombiSmart - 220°C – Core temp 73°C – 100% Fan speed - 30% humidity
- Hot Air – 230°C – 100% Fan speed – Open exhaust – 8 mins



Recommendation of the tray

[HOUNÖ's Chicken grill for 8 pcs. 1/1 GN](#)



Chef's Tip

The chicken can also be shredded when cold and mixed with mayonnaise for a salad.



Made by Edwin Adkins

